

*Thesis for M.D. degree of the
Edinburgh University by
George More Reid.*

*"On the Radical Cure of Hernia
With special reference to some of
the methods that have been
adopted for that purpose"*



*Edinburgh
April 2nd 1883*

2

The writings, of those who declare
against a radical cure, their objections
are seen to be based on the answer,
that they believe should be given,
to the second question. In short
they say, that because operations
for radical cure, have not as yet
proved a complete success, and
in some instances, have been not
only dangerous but fatal, and
as a suitable truss, is usually
sufficient to relieve the sufferer,
therefore operation should not be
undertaken. For example Bryant
in one of the earlier editions of his
text book says, "I believe that
when a hernia, can be kept up, by
a truss, and the patient is likely
to remain in a civilized country,
where trusses can be obtained,
any operation for the radical cure

Ed 1872
page 353

of hernia is an unjustifiable one; to risk the life of the patient on the theory of a cure, with the probability that the patient, will be rendered less liable to its descent, when a truss has to be worn subsequent to the operation, as a matter of safety is a practical delusion."

An opinion so strongly expressed, as this and coming from a surgeon in the position of Mr. Bryant, ought to be received with all respect. But if we put aside for the present the question, as to the safety and success of the operations that have been performed for this purpose, and consider only the question of desirability, it can hardly be doubted, that most surgeons (including Mr. Bryant) would answer in the affirmative.

The matter is put in a nutshell by asking "Which is better to have, or not to have a hernia?"

If it is better not, then a radical cure is a desideratum.

Hernia can hardly be considered otherwise than an evil; some authors call it "only an inconvenience". It is indeed an inconvenience, and a very serious one it may prove to be.

It incapacitates its victim, from taking his proper share, in the active duties of life; it prevents him occupying many offices, which he might otherwise do with advantage to himself, and to society. In many cases it causes the insurance premium to be raised, which shows that they consider it an extra risk.

At one time it was considered to be an immoral disease. Such

views are no longer held, but a feeling of delicacy or shame. (improper no doubt but not less powerful for all that). presents many who believe it to be, an incurable disease, applying for the relief they ought to receive from trusses. They are so sensitive about it, (and probably more so from their believing it to be incurable). that they make it a secret and hide it, till only the gradual consequences of a strangulation appear, and compel them to apply for relief. "But more than this" Mr. Spanton points out. "it frequently gives rise to a morbid mental condition. The patient becomes a prey to every depressing influence which brooding over such a state is certain to induce, he conceives

Spanton's
Pamphlet

6
himself to be the victim of a defect
which can only result, in physical
incapacity and misery; dyspepsia
and its innumerable train of grievances
follow, and the life of the hernial
man is, in many instances, ren-
dered an unhappy and too often
a useless one. Besides this,
there is the fact, that not uneldom,
whether from want of a truss, or
an insufficiency of it, a strangulation
of the hernia may occur. This
condition if not relieved by taxis,
or a cutting operation, usually
proves fatal, and even after
taxis or herniotomy, a fatal result
may occur. Such are some of the
risks and inconveniences a
hernial individual is subject to.
Further, hernia is a disease or
deformity of very wide spread

7
prevalence. It affects a very large
proportion of mankind, some writers
calculate that from an eighth to a
sixteenth are so afflicted. Malgaigne
considered, that one in every thirteen
of french males was ruptured.

Arnaud one in every eight.
Some slight idea of its extent,
may be got when it is stated that
Mau, Son & Thompson of London
make at the rate of 53,000
trusses every year, most of which
are for this country, and this is
independent of those made by other
makers.

The writer, during his residence
in an upcountry town in Victoria
Australia, with a population of
about 10,000, on an average
fitted on 300 trusses every
year.

Spanton
Pamphlet

Many recruits for army & navy
 are annually rejected because
 of it. Dr. J. H. Baxters Statistics,
 of Examinations for Military
 Service, in the United States Army
 during the War of the Rebellion,
 show that of 304,508 rejections,
 38,132 or more than one eighth
 were because of hernia. Thus
 there is a great loss to the community
 of men who might otherwise be
 able to serve it well. Such
 considerations as these, make
 it extremely desirable, that hernia
 should be cured. In some cases
 this is done by means of a truss,
 and if a truss were curative
 in all instances, there would be
 no need to discuss the question
 of operative procedure, but in
 the vast majority of cases, it is

only palliative. We are led then to consider the second question "Can a radical cure be effected, easily, safely & with presumption of success"?

The answer to this, can only be arrived at after a consideration of the methods, that have been adopted, (for the cure of hernia).

As the inguinal hernia is the most common form, and the one to which most attention has been paid, by those who have aimed at a radical cure, it will be most convenient to consider it, only bringing in the others as they may seem to bear on the subject. The greater number of operations up to 1858 were performed on very unscientific principles, and many of the

Older methods were both absurd and barbarous. Few were based on even an approach to a correct knowledge of the cause, and pathology of hernia, and many of them were positively dangerous.

*Coopers
Dictionary
7th Ed. (1706)

Yet successful results, have been put on record. *Hildanus tells of a case where the horizontal position in bed, with low diet, effected a cure in six months.

Warren
on Hernia
p 96

Blood letting, purging &c. were adopted in other cases in addition to the position. Compression and the use of astringents, was a favourite with many, and could have done but little mischief. Had not some wiseacres in Germany recommended its application so powerfully as to cause gangrene. Some opened

Warren
p. 100

" 97

" 100

" 97

Wood
p. 80

the sac and having reduced the contents removed it along with the testicle. Others cauterized the interior of the sac a very dangerous proceeding. Less dangerous but equally valueless, were the operations of the "Royal stitch" and "punctum aureum". The former consisted in opening the sac and stitching the edges closed, so as to obliterate the cavity. In the latter a golden wire, sometimes a leaden, was passed behind the sac and cord and tied tightly enough to close the sac, but not too tightly to prevent the circulation going on in the cord. Other methods had for their object, the closure of the sac by causing adhesive inflammation of its interior. In some cases this was effected by passing a seton and leaving

it in for a trial. In others an irritant was injected into the interior of the sac. M Velpeau in Paris & Prof Pancoast in New York, first introduced this method using a solution of Tincture of Iodine or Cantharides. and in 1854 M Sobert presented to the French Academy an account of three cases in which he had successfully performed the operation.

Two of them were congenital hernia, and one of these suffered also from hydrocele, which was cured at the same time as the hernia.

M Sobert did not allow the iodine to remain permanently in the sac, but withdrew it by syringe, shortly after injection. M Bounet of Lyons endeavoured to close the sac by transfixing it with pins below the external inguinal ring.

Wood
on Rupture
p 80

Randkins Obs
Vol IV 1854
(p 159)

Wood
81

a procedure which could only convert a scrotal hernia, into a hydrocele.

None of these methods, can be considered as strictly scientific. They aimed at obliteration of the sac.

A knowledge of the pathology as well as the cause of hernia, would have shown their inventors, that when they did succeed it was only by closing a sac, already formed, which did not prevent the formation of another.

Leaving as they did open rings, and a canal down which blood might force another peritoneal protrusion.

Putting aside the danger of injury, they could only succeed in cases where the canal happened to be narrow enough to prevent the formation of a second sac.

Later operators said that it was not the sac, but the condition of the

Canal that was at fault. The sac
 was only an accident, - one which
 had to be provided for no doubt,
 but not the main feature of the hernia.
 They saw that somehow or other the
 Canal must be closed, but it was
 not at first seen how this could
 best be done. Earlier operators
 endeavoured to do it, by simply
 plugging the canal, plugs of various
 kinds have been used. In some
 cases of Entero-epiplocele ^{or simple Epiplocele} an
 endeavour has been made, to
 insert the Omentum into the rings,
 which it was hoped would then
 contract, so that the hernia would
 not reappear. It is stated that
 Warren Cooper Stephens Velpeau
 and Goyrand obtained cures
 by this method. It is however
 applicable only to a limited number

Warren

181

of cases, is uncertain and may be
 production of serious inconveniences
 by dragging on the stomach or other
 viscera. The testicle has been
 recommended to be used as a plug,
 but such an operation is not one
 calculated to find favour. The
 "herald pad itself" has been used
 for the same purpose. In 1829
 an ingenious operation was tried

Warren
 101 p

Warren
 103 p

by Belmas upon dogs, and with
 success. It consisted in the
 introduction of a small pouch of
 gold beaters skin into the upper
 part of the sac; the plastic matter
 poured out by the irritation set up,
 from the presence of this body,
 penetrates the material of which
 it is formed, and becomes incor-
 porated with it. Organization is
 said to take place, and a resisting

barrier to the protrusion of viscera is formed. The operation was performed first on a boy of 14, his life was in danger for ten days, but he ultimately recovered, and is said to have been radically cured. In at least one case, a plug of skin was formed and turned into the femoral canal with success. The patient was a lady extremely anxious to have a radical cure performed, and the operator was Jameson of Baltimore.

Warren
p 101

Still later attempts have been made to plug the canal by an invagination of the skin, and tissues beneath it;

Warren
p 102

In 1837 Geedy proposed and performed an operation, in which a fold of skin, was pushed up into the canal, carrying a portion of the fundus of the hernial sac,

17
before it. Two sutures were then
passed thro' this to the skin of the
groin, tied over a compress and
made to retain the invagination,
till adhesion was supposed to have
taken place within the canal.

Sometimes in addition an attempt
was made, to cause adhesion of the
surfaces of the invaginated skin,
by painting them with strong ammonia.
Very often when the sutures were
removed the plug gave way, and
seldom remained, any length of time
in the canal. It not, infrequently,
too, proved fatal, and has long
since deservedly fallen into dis-
repute. In 1838 Wutzer of Bonn
proposed a modification of Ford's
method, in so far as that he recom-
mended the use of an instrument
whereby the invagination of the skin

Warren

p104

might be carried out more easily
 and effectually. This instrument
 consisted of three parts (or four if we
 include the screw) - a cylinder for
 the canal, a curved needle running
 through the cylinder, and a cover
 usually made of a concave shape
 to lie over the skin of the groin and
 compress. The skin and ^{underneath} tissues
 were first invaginated into the canal,
 the cylinder was then pushed in,
 and the half curved needle passed
 through it, to transfix the upper
 portion of the invagination, the canal
 & the skin of the groin. It was then
 passed through a hole in the concave
 cover, the other end of which was
 fixed to the lower end of the cylinder,
 by means of a screw, and pressure
 thus effected. This differed from
 Gordy's method in the plug being

9
retained till adhesions had formed, which it was hoped, would permanently retain the invaginated skin in the canal. As a matter of fact, they did not. They proved too weak. The canal was dilated rather than contracted, and the rings left open. Wurtzer operated on 14 cases

Warren in Bonn, not one of which was permanently cured, the invagination in every one gradually descended. These operations were founded on the erroneous principle of dilating a canal for the purpose of reducing it in calibre, and as a consequence they failed. Neither of them are now performed.

In 1858 John Wood by a careful study of the appearances and condition of the inguinal canal in hernia came to the conclusion that any

operation to be successful, must not only close the rings, but must unite the anterior & posterior walls of the canal as well, more especially at the upper part; where the rectus by its contractions, acting on the posterior wall, greatly helped the dilatation of the canal after it had begun. Sir W Lawrence, had already indicated this, in his great work on hernia. But it is to John Wood, that the credit belongs of being the first, to devise and perform, an operation whereby the canal, might be closed in the way mentioned. He had like previous operators, to consider the presence of the sac, and got rid of the difficulty by invaginating it, along with a portion of scrotal fascia, into the canal. Thus using it as a plug

but at the same time bringing the walls as closely together as possible, by means of suture. In congenital cases, where the neck of the sac and canal were very narrow, he was able to perform the operation without incision. The necessary instruments for the operation are, a small knife like a tenotomy, a full curved needle set in a handle, and a piece of strong copper wire silvered, or silver wire itself. In his earlier cases, hempen ligature was used, but this seemed to produce much greater irritation, than was necessary. He therefore adopted the metallic suture which was so strongly recommended about that time, by the late Prof Simpson. The operation with ligatures differs slightly from that by wire, but as it is not now performed

There is no need of going into details regarding it. The patient is prepared, as he would be for any other operation, and put under the influence of an anæsthetic, pubis and scrotum of affected side are then cleanly shaved, the shoulders are well raised, the bowd is reduced, and kept out of the way, by an assistant. An incision is then made, in the skin of the scrotum over the fundus of the hernial sac; or a little more than an inch below the spine of the pubis, if the hernia be a bubonocoele. This should be large enough to admit finger and needle. The fascia is then displaced from the skin to the extent of an inch all round the incision. The finger is then passed through the incision behind the sac, and pushed up into the canal carrying

sac and surrounding fascia before
 it, as far as possible. The edge of
 the internal oblique is then hooked
 forwards, making the edge of the
 conjoined tendon prominent. The
 needle is then passed through the
 incision, along the inner side of the
 finger, through the scrotal fascia,
 imbricated upon it, and probably
 also through sac, and made to
 grasp the conjoined tendon.

A firm grip of this must be obtained.
 The point of the needle is then made
 to pass out through the skin of the
 groin, which is drawn upwards and
 inwards, before the puncture is made.
 One end of the wire is then fixed
 in the eye of the needle, which is
 quickly drawn back through
 conjoined tendon, canal, and scrotal
 wound. It is then disengaged from

The wire and passed a second time
 into the canal, but now along the
 other or outer side of the finger up
 to a level with the internal opening,
 where it is made to pass through
 aponurosis close to Poupart's ligament.
 The skin of the groin is drawn downwards
 and outwards, to permit of the point
 coming through the puncture first
 made. The other end of the wire, is
 then fixed to it, and pulled through
 the tissues, to the scrotal incision,
 leaving a loop outside in the groin.
 The needle is again disengaged from
 the wire. The tissues in front of the
 cord, including the portion of the
 hernial sac that is not invaginated,
 are then taken up between the
 finger and thumb. The needle
 passed beneath them and one of
 the ends of the wire, fixed in the eye

of the needle, and drawn through.

Sometimes the pillars of the external ring are included more especially in direct hernia. The sac may be punctured or not. The two ends of the wire are then pulled down so far as just to admit the finger of an assistant within the loop left in the groin. This loop being firmly held, the ends are twisted three or four times, below; the wire is then pulled up by the loop, and thus the invagination is increased and made secure from slipping.

The loop is twisted three or four times also, and united with the ends over a roller bandage or a pad of lint. A broad spider bandage is applied over the part to keep the pad in place and make compression. The after treatment is conducted

on general principles, for some days. The wires are untwisted about the eighth or tenth day, but not removed for five or six days more, after which an astringent may be used, to hasten the healing of the fistulous tract left by them. As soon as the parts will bear it, Wood recommends the use of a light truss of proper shape. In congenital hernia invagination is not practised. The necessary instruments are a couple of pins half curved with a bend at right angles, about three or four inches from the point, the bend being made so as to form a loop large enough to allow another pin to pass through. The hernia being reduced, the finger is passed within the canal up to the internal ring, and parts examined. One of the pins is then

27
passed through skin and tissues
in front of the canal, and stepped
down alongside of finger so as
to transfer conjoint tendon and
internal pillar of outer ring, then
over fundus of hernial sac, and
out through skin of scrotum.
The second pin is passed in at
this point, and the finger placed
below it, pushes the scrotum
into the canal. The pin is thus
carried through the outer pillar,
and up towards the puncture by
which the first pin entered, and
through loop in angle of the pin, so
that both pins may be locked together.
The sac is penetrated by both
pins. The points are removed and
the bent ends twisted round once
which is done easily by turning
the upper pin towards the thigh.

The punctures being guarded by lint, a small pad is put over the groin and kept in position by means of a spica bandage.

- The effects produced by these operations are said by Wood to be (1) the union of the conjoined tendon and inner pillar of superficial ring (in direct cases the edge of the rectus muscle) with Pooparts ligament, and the outer pillar of the ring.
- (2) The prevention of dilatation of the superior and posterior portions of the ~~cord~~ canal by making the rectus act on the anterior wall of the canal, as well as the posterior through the cicatrix formed.
- (3) Obliteration of the sac. by the adhesive inflammation set up by means of the wire or pins. which with the compression of the neck of

of the sac. prevents the protrusion
of the bowel into it.

(4) strengthening of the consolidation
that forms a barrier to hernial return,
by the invaginated peritoneal fascia
the opposing raw surfaces of which
unite, (5) Support of adhesions
further up in canal, by union of
pillars of the hernial ring, especially
in direct hernia.

We have now to ask ourselves,

"Is the operation one that can be
performed with safety to the patient?
The theoretical objection of its being
performed near to structures (cord
epigastric artery & peritoneum),
that it would be dangerous to
meddle with, does not seem a
valid one. It might be said
with equal truth, that amygdalectomy
should not be performed, because

The interval carotid is in the vicinity and has been wounded by some surgeons. In the hands of a skilful operator these structures need not be involved in the operation. The risks are however sufficiently loose to prevent any but skilful operators performing. We are more likely to arrive at an idea of the amount of danger by looking at the results that Wood himself has had. In the most recent account given by him, he had performed the operation 310 times. In 167 of these, the result had been verified as to success or unsuccess, but out of the 310, there had been only 3 deaths, and these occurred in the first hundred cases, none in his last 210. Death in the first case at least was due to an accident

Ames. Pract.
 May 1882
 (p 88)

that might have followed any other operation, and not to anything special in the operation itself, or its mode of performance - pyemias occurring three weeks after. Apart from the danger to life, there is risk of atrophy of testicle, should the cord be intapered with, but sufficient care should enable the operator to avoid this.

With regard to the success of the operation, W. Wood reports that of the 167 (out of 310) of which the results have been verified, there have been 119 cures after a lapse of from 2 to 24 years. Recurrence but to a much less extent, than formerly occurred in 48 cases. Looking at the matter theoretically however one cannot be surprised that there should be a recurrence

in many cases to the extent of a
 bulging in the groin. The operation
 seems to be imperfect in the respect
 that the internal ring is not
 sufficiently acted upon. (closed.)
 Doubtless attempts to effect this
 would be exceedingly dangerous,
 but nevertheless it is one of the
 drawbacks of the operation, for
 only the external ring and the
 lower portion of the canal are
 completely closed, and thus all
 that the operation can be said
 to effect is the formation of a
 barrier to the protrusion of viscera,
 below the arched border of the
 internal oblique and conjoined tendon,
 and thus a chance is given to
 nature to effect a cure itself.
 Even in the hands of Wood
 himself, it cannot well be said

to do more, and thus all that the most sanguine operator can say is, that by this operation a better chance of cure is given than by the wearing of a truss or any other means that had been previously adopted.

Next to Woods operation may be placed "Spanton's" not chronologically but because of its manner of performance. Spanton considers that the drawbacks of Woods operation are that "a hold is secured on the pillars of the ring at two points only, while the undivaginated tissues are forcibly drawn up in such a way as in some measure to defeat the object the surgeon has in view of approximating the sides of the canal as much as possible"

Brit. Med. Journal
Dec 11. 60

To avoid these drawbacks he proposes

that the walls should be brought together and the invaginated tissues and sac secured by means of a corkscrew instrument. Nickel plated, with a fine point & movable handle. The preliminaries of the operation are similar to those of Woods, - the incision in the scrotum, and the invagination of sac & scrotal fascia. With the forefinger in the canal an examination is made of the parts around. The screw instrument is then thrust through the skin of the groin, and tendon of the external oblique, opposite the internal ring; it is then made to pierce the conjoined tendon as high up as possible. The internal ring is said to be practically closed when this is done. The screw is then turned through the invaginated tissues, then through the outer pillar, across

35

to the inner pillar of external ring
and through it, after which the point
is brought out through the wound in
the scrotum. The point is protected
by a ball of india rubber and a pad
and bandage placed over all.

The instrument is left in for a week,
usually after which it is removed.
A similar operation is performed
in congenital hernia, the tunica
vaginalis being invaginated instead
of the sac. In some cases instead
of leaving in the screw, it has been
threaded with cat gut, or tendon
ligature, and withdrawn along
the tract made by its entrance, and
passage through the canal. Each
end of the ligature is then tied to
a glass rod, laid over the groin,
but the results do not seem to have
been so satisfactory, as when the

screw alone was used. In the British Medical Journal of July 22, 82 Mr. Stanton reports 57 operations and gives details of 34, none of them have proved fatal, and in none has the temperature risen as high as 102 F. 30 are considered as cured, 4 as relieved, none are made worse by it. Of the 30 returned as cured, in two there was a slight tendency to return, but in one this disappeared after the use of a Press. As to age all the cases were under 30 - 18 of them were under 10, - 9 ranged from 10 to 20, while 7 were over 20, - 27 were males, 7 females. Of the 7 above 20, 3 were females, - 14 of the cases were congenital. It may be noted that Mr. Stanton prefers that no Press should be worn after his

operation, or if one is necessary that it should be a simple pad truss without a spring. As to the question of safety this operation must be regarded as one of the most satisfactory that has yet been performed for the radical cure of hernia. There have been no deaths, and slight if any fever. Of course it may be argued that it has been performed principally on healthy children. So it has. But this is no objection for no one would think of performing such an operation on an unhealthy person. It is also an operation that is more easy of performance than Woods, and must be considered at least as successful. The same objection would however seem to apply to it as to Woods. That it is the external

ring and lower portion of the canal
that was closed. The internal ring
being to some extent still left open.
The writer saw Mr Annandale perform
this operation twice during last
winter session. The first case was
a man between 20 & 30 with a large
scrotal hernia which almost incapacitated
him from working. He was
discharged cured. The other case
was a boy about 2 years old also
with a scrotal hernia who had had
an operation for the radical cure
unsuccessfully performed in Glasgow
about a year before. Discharged
relieved so that the hernia could be kept
up by a truss.
Other modifications have been pro-
posed, one of the best of these
being recorded in the British
Medical Journal for Dec 25 1880,
by Dr Whyte of Elgin. In a case

39

of double congenital inguinal hernia
in a boy of 10. He passed a specially
prepared carbolised suture in a
bootlace fashion through walls
of canal and indurated sac of
hernia, with marked success.

It is not perhaps at first sight
easily understood, but once it is
it will be found comparatively
easy of performance.

Listerian antiseptics have
been the means of reintroducing
some old operations, that have
been given up because of their
dangers. None of them are equal
to the one recommended by W. H. H. H. H.,
which owes its history entirely
to antiseptic surgery. That is
ligature of the neck of the sac, and
excision of the sac, and stitching
together the margins of the abdominal

opening. Objections to other methods need not be gone into as they are not now performed. In this operation the neck and upper portion of the sac are exposed by a free incision the sac opened and the contents returned. If there are any adhesions of viscera to sac they are ligatured and divided. The neck of the sac is then thoroughly exposed and a ligature passed round it as high up as possible. The sac is cut away immediately below this and the margins of the opening and stump of the sac are sewed together with a continuous suture.

Braithwaite
 Retrospect
 1881

By the abdominal opening
 W. Munardale seems to mean the external ring for in detailing one of his cases (p. 44) he writes "the neck of the sac was ligatured

the sac cut away and stitched to the margins of the external ring in the usual way". Several successful cases have been recorded, but the same theoretical objection seems to apply to it, as to Woods viz. that the External ring and the lower portion of the canal are closed against the hernial protrusion. That the operation is practically safe there is little room to doubt. That it can be performed with ease is seen whenever surgeons do it. That it is a success there is some doubt among surgeons.

Mr. Joly in the "American Pract." for Aug 1882 writes. "It is useful for cases of irreducible hernia and for some cases of reducible or strangulated hernia in patients beyond the age of 30, and for

those in whom owing to ill health it is not advisable to proceed to the major operation of Wood. It is not difficult to perform, but it does not afford so firm an indurating material nor as copious an exudation of lymph as Woods operation. He also considers that no patient should ever be without a Dress after the stitching operation.

On the other hand, Kenneth McLeod in the Indian Medical Gazette of June 1, 82 considers it the most promising operation for radical cure. According to them it combines - (1) An assurance of obliteration of the sac, (2) occlusion of it at the internal ring, (3) plugging of the canal from within, and (4) approximation of the sides of the canal after the manner of Wood.

" (This last is not brought out in W. Gunn's paper as he mentions only the external ring and stump of the sac). It secures all the advantages of Woods operation with greater precision and accuracy, inasmuch as everything is done under the eye, it removes the two great disadvantages of Woods operation, viz. uncertainty regarding the treatment and fate of the sac, and invagination of structures from without, which had a constant tendency to be pulled out, and it provides a solid plug from within, which assists in closing and corking the canal and most materially aids in preventing subsequent descent."

It is however a doubtful matter whether the objection that has

been shewn to exist to Wood's and Spanton's operations does not also exist here, viz an incomplete closure of the internal ring. The operation would appear to be more applicable to cases of general hernia where the canal being so short the graduation is more likely to plug it.

Warren The last operation is one that comes from America, and is connected with the names of Heaton & Warren.

Heaton It has not as yet received sufficient reputation in this country. There would seem to be two reasons for this neglect, 1st its somewhat unfortunate history, and 2^d its not being properly understood. It consists essentially in the hypodermic injection of an irritant upon the rings, and walls of the canal, through which the

hernia has come. that is to say
 "those portions of fibrous tissue
 lying directly in contact with
 the exterior of the neck of the hernial
 sac". For the operation a
 hypodermic syringe and needle
 are required. The needle is not
 that ordinarily used. It must be
 stronger and less liable to bend
 or break. It should not open
 at the point, but by two or more
 apertures in the side, a little way
 from the point, so as to throw the
 injected material at right angles
 upon the tissues. Dr. Warren
 recommends a spirally twisted
 needle, because it is made to
 pierce more easily than the
 ordinary flat or round shaped
 needle. The point should not be
 too sharp. The irritant used

is a preparation of oak bark usually
the liquid extract and may ^{have} ether
or alcohol, besides a small quantity
of Morphin sulphate added to it.

The amount to be injected varies
from 10 - 30 minims, and depends
upon the calibre of the canal.

(for this operation is said to be
applicable to femoral & umbilical
as well as inguinal hernia) and
upon the condition of the parts.

The hernia is first returned to
the abdomen, and if possible the
sac along with it, an effort being
made to empty the canal, as much
as possible. If it cannot be
returned as in the majority of
cases it cannot, then it must
be left in the canal. The skin
is then incised into the canal
in front of the finger. The operation

47

cord and sac, are pushed aside, so as to leave only skin & fascia between the outer pillar of external ring and the finger. The needle is introduced at this point so as to enter the canal at once, grazing the pillar, but not cutting it. The finger is then removed, and the needle pushed gently on towards the internal ring. Care must be taken not to touch cord and not to enter sac, nor penetrate the fascia transversalis. When it has been pushed up to this fascia, the injection begins and is continued as the instrument is withdrawn. If necessary the point may be moved about so as to sweep over the tissues. The injection stops as the needle is withdrawn from the external ring.

so as not to act on the tissues in front of the canal. A pad and spica bandage is then applied and the patient kept in bed for 10 days or a fortnight. A cure is said to be obtained in this way sufficient to allow of a brass being displaced with in from three months to a year after the operation.

Sometimes in larger hernia the operation must be repeated.

As to how the cure is effected there is some difference of opinion.

Sometimes after the operation there is a slight constitutional disturbance, the temperature rising to 100° or 101° F. but this passes off in a few days. Inflammation ought not to occur, but there is a slight tenderness on pressure over the canal. An effusion of

lymph is thrown out, which becomes
 organized, forms adhesions and so
 unites as in Woods operation. The
 anterior & posterior walls of the
 canal thus shutting off the hernia.
 Heaton himself would seem to in-
 -dicate that the plastic material
 thrown out acts in itself as a barrier,
 and that the irritation of the fibres
 around the walls induces them to
 contract, so that along with the
 plastic matter the hernia is pre-
 -vented & repairing, and that in this
 way time is given to allow nature
 to effect a cure. This contraction
 he asserts, actually takes place
 to a certain extent, directly after
 the operation, and continues to make
 progress for weeks, and even
 months afterwards. The neck of
 the sac is sufficiently compressed

by the material thrown out to prevent
 blood passing into it and eventually
 it may become as in other operations
 a mere coat. The operation has
 hitherto been performed without
 any fatal result, so that an
 opportunity for an immediate
 examination of the parts involved
 has been obtained. Keaton
 obtained an examination of one
 of his cases, five years after
 the operation which had been
 a complete success. The account
 he gives of it is somewhat meagre.
 "I called in Dr. Winston Lewis
 to witness the autopsy; upon
 examination of the groin the appear-
 ances were so natural, that it
 would not have been suspected
 that he had ever been subject
 to hernia. The fibrous parts were

as firm, tough and resisting on the side where the hernia had existed as on the side, which had never been ruptured. But it is worthy of observation, that although the healed side did not retain any superior thickness over the normal side, yet the pillars had lost all the thinned sharp edged appearance, which is always presented to a greater or less extent in all hernia, that have existed for a length of time.

The interstitial deposit of fibroid material was able to persist because there was need and use for it in the economy".

He tells us nothing of the sac so that it is to be presumed that this was a case where he was able to reduce the sac, as



Well as the hernia. Still more attention has been paid to it a correct knowledge of the *modus operandi* will not be attained.

There is only one instance of its performance on record in an English Journal (*Lancet* Vol. IV 1881 page 375). The patient was a sailor, set 29, admitted to Guy's Hospital under the care of Mr. Bryant on Aug. 18. 80, with a right inguinal reducible hernia, which had first appeared about eighteen months before. When at rest it was about the size of a hens egg, after walking it became larger. As the man was anxious to have something done. Mr. Bryant permitted Dr. Warren who was in London at the time to operate. The report states that Dr. Warren reduced the hernia

and disengaged the scrotal skin
 tissues and hernial sac into the canal
 but did not as he himself believed
 reduce the sac along with the hernia.
 The needle was then passed to the
 inner side and the injection 20 cc
 thrown on tissues to inner side of
 internal ring and along canal. A
 pad and bandage were then put on.
 No anesthetic was used and the
 patient said he felt very little pain.
 During the night and following day
 he felt more pain and the temperature
 rose to 99.4. On the 2nd the report
 says. "Morning temp 98.6 passed a
 good night. there was considerable
 inflammation attending from the
 external ring on the right side,
 downwards and over the whole
 scrotum". Lead lotion relieved
 this and the inflammation had

subsided by the 23rd. On the 24th
 a thickening of the cord on the outer
 side was noticed, but the testicle
 was not affected. This thickening
 subsided next day. On the 27th
 light days after operation, the
 abdomen was much distended. There
 had been no motion for three days
 and patient was unable to pass water.
 Relieved by soap & water enemata
 and catheter. A urethral discharge
 then made its appearance but there
 was no pain or irritation. The discharge
 ceased by the 31st. On Sep^r 12th the
 patient was allowed to go about
 the ward with pad of lint & bandage on.
 A thickening over lateral ring
 could be felt. He was dismissed
 on the 15th with orders to wear a
 truss for six months at least, and
 to report himself from time to time.

He returned in six weeks.

"The thickening could still be felt. The invaginate skin over the external abdominal ring had a tendency to protrude, but the patient stated that the hernia had not been down since he left the hospital; he had however constantly worn a truss.

He did not again return so that Mr. Bryant was unable to watch the progress, and result of the case. So far as it goes Mr. Bryant considers it satisfactory, but he hesitated to pronounce any opinion as to the value of the operation not having material or results to enable him to do so. He points out as a weakness in the operation the danger of injecting the sac or even the peritoneal cavity itself. This report is to a certain extent

was satisfactory. It does not correspond with Weston's description of the operation. One is led to understand that there was a permanent invagination of skin into canal. Weston inveighs against Geddy, Wurtzels & Woods operations. Because of this invagination stating that "the tendency of nature is to get rid of these tissues (invaginated) which are like foreign bodies in the canal and the rupture usually occurs". Moreover as soon as the needle has passed the external ring, he recommends that the invaginated finger should be withdrawn. In the second place we are left to infer that the swelling of the abdomen on the 8th day, and the urethral discharge were the result of the operation.

but are not informed whether enquiries were made as to the previous existence of a gonorrhoea. It is only from the context that we see the swelling of the abdomen must have been due to the fact that the condition of the bowels was not seen to for three days. Thirdly Keaton would probably have said the irritation here had been too great, as we find that inflammation occurred down to the right side of the scrotum. It must be to a certain extent regarded as a triumph to have obtained an opinion from Mr. Bryant who formerly weighed against radical operation for Hernia. To the effect that so far as it went the case was satisfactory. Were it not for its somewhat unfortunate history it would have been

more extensively tried before this,
 and we would have been better
 able to come to an opinion as to its
 value. It was important chiefly
 in that Heaton for some reason
 best known to himself would not
 make his professional brethren
 acquainted with it, at the time he
 was requested to do so, practically
 in their opinion making it a secret
 remedy for a number of years.
 It would be unprofitable to recede
 on the controversy that took place
 it is sufficient to say, that a little
 mutual confidence would have
 helped matters greatly, and put
 the operation in a position where
 it could have been extensively
 tried, and its value tested. It is
 probably because of this unfortunate
 history that proper attention has

39
not been paid to it. Even John Wood
himself does not seem to understand
it for we find him in the London Med
Record for 1879 pag. 390 calling it
"a revival of Delpeau's discarded
plan of injecting the hernial sac,
with the characteristic variation
of the use of a vegetable decoction
viz of oak bark" and even
Dr. Steale classifies it in his
"Digest" with operations for the
injection of the neck of the sac.
Surely they cannot have read
with any thing like a degree of
care what Heaton has written,
that his operation must not be
confounded with that of injection
of the sac. "Subcutaneous injection"
of the hernial sac is neither a
simple nor advisable operation
although successful in many cases

THE RADICAL CURE OF HERNIA BY HEATON'S OPERATION.—Dr William S. Bull reports the results of twenty-one cases on whom he has operated since 1879. He explains that he has had forty patients in all, but nineteen of these had not been seen since leaving hospital, and extended search failed to find them. The operation has proved in his hands, as in those of Heaton, a very safe one, there being no deaths and little constitutional disturbance. In only one case was there enough local inflammation to warrant the application of a cooling lotion for a few days. No swelling has been perceptible externally, but a plug of induration has generally been felt over the site of the canal, which has disappeared within two weeks. A very slight epididymitis occurred in six cases, but subsided in two or three days. One patient had retention of urine for five days, and in another the rupture (omental) came down the day after the operation, and was irreducible for a month. Of the twenty-one cases, five were cured, seven improved, four temporarily improved, and five were failures. Of the seven improved, two might be considered as cured were it not that the patients continued to wear a support. Three others Dr Bull hoped to cure by a repetition of the operation. The patients were all males but one. The ages varied from four to seventy-three, the majority being from twenty to forty. From his experience Dr Bull feels justified in recommending the operation, and is sure that in another series of twenty cases he could greatly improve on this record. In the discussion which followed the reading of the paper in the N. Y. Surgical Society, several other surgeons gave their experience. Dr Weir reported the results of forty-one cases, which he divided into two series of twenty-eight and thirteen. Of the first series eight were successful, and the others improved. He did not place much reliance upon the teachings of this series, as it required some time to properly carry out the technique of the operation. He had not at first found it an easy matter to throw the fluid deep into the canal. The second series of cases were operated on with an improved instrument, and he felt that they were more reliable. Of the thirteen six were cured. In two the condition was improved, so that a truss could be worn, which was impossible before the operation. The rest were failures. Dr James L. Little reported four cases with two successes. Dr Briddon reported three cases, all failures. Dr L. S. Pilcher mentioned that one of his acquaintances had been operated on for inguinal hernia by Heaton, between fifteen and twenty years ago. The result was complete relief, which had been permanent.—*N. Y. Medical Record*, Nov. 11, 1882.

*From the Eden Med Journal
of February 1883.*

if rightly performed, the difficulty of performing it without bad consequences ought to condemn it "laboriously". The risk of laboring the sac may be as Bryant shows a weak point in the operation, but it is questionable if the risk be not magnified. Care ought however to be exercised by the operator not to penetrate it, if possible. We have not yet as yet the complete statistics of Beaton or Warren to enable us to judge of the success of the operation in their hands.

But Warren considers that his cures must number about 80 percent of his cases. The operation has many recommendations however to induce surgeons to give it a trial. These are its simplicity, the fact that no anaesthetic is

required, there being absolutely no cutting, which in itself is a recommendation to the patient, its applicability to umbilical & femoral hernia, as well as inguinal, and its safety, there being as yet no fatal cases. It would also seem to be free from the objection to other operations for the whole canal as far as the internal ring can be acted on by the writant, and thus it may be closed entirely instead of only the lower portion. It is also claimed for it, that the effusion of lymph and subsequent consolidation is firmer, and more lasting, than that got by other operations. Last but not least if a second operation is necessary a patient will submit to it, with

greater readiness than to the more formidable ones of Wood and Stanton, or the cutting one of Williamson.

It has occurred to the writer that an operation directly attacking the internal ring ought to be aimed at, leaving the canal and sac to contract when they cease to be dilated. The following he thinks might answer, it may have been suggested before but not to his knowledge.

Make a vertical incision down to the transversalis muscle about two inches long, two inches external to the internal ring and ^{the lower end} one inch above Poupart's ligament. Then with the handle of the knife separate the transversalis muscle

from the internal oblique to about
 one inch, internal to the internal
 ring. The lax state of the parts
 will then enable you to drag them
 upwards, so that the incision is
 immediately over the internal
 ring. Then expose cord and
 sac with its covering of Transversalis
 fascia, and having satisfied
 yourself that the bowel is reduced
 allow the muscles & skin to return
 to their normal position.

Then by means of a curved needle
 bent at right angles to the shank
 and fitted on a handle, stitch
 the sac with its covering to the
 inner surface of the internal
 oblique opposite to the internal
 ring, or to the arched border
 of the transversalis above.

This would cause inflammatory

624

Exudation which would most likely obliterate the sac, at its true neck, and fill up the intercal ring without interfering with the cord. In direct hernia the neck of the sac would be stitched to the fibres of the conjoined tendons if they were pierced or to the edge of the rectus - making the incision at some distance from the opening.

It may be urged that there is increased risk of peritonitis by following this method. but performed under antiseptic precautions it does not appear to the writer that there is likely to be increased risk especially when contrasted with the formidable abdominal operations now so successfully performed.

also it may be said there is a risk of the Remains of the sac becoming gangrenous. Mr. Chiari in operating for strangulated hernia ligatures the sac (also sewing up the canal) and he has not found ^{it} so. The abdominal wall is not weakened, as the incision is removed from the position of the internal ring.

It will thus be seen that there is now good reason to recommend the more extensive performance of operation for the "Radical Cure". Especially as of late years the results are becoming more and more successful and doubtless, careful observation of cases with criticism and comparison of various operations,

may lead to the discovery of a safe and successful method of treating this one of the most troublesome ailments of humanity.

In consequence of my entering the University ~~under~~ under the old regulations, from having commenced study in 1856, and being required to send in a Thesis before my final examination. I could not possibly prosecute any original research during the four years. I have been here. I therefore selected the subject of Hernia, being one I have always felt deeply interested in. Herniotomy was the first operation I witnessed

67

now 30 years ago, and since then
I have had an opportunity of ex-
-amining some thousands of cases
of hernia. Also in two instances
I was perhaps instrumental in
saving life when I diagnosed
strangulated hernia (which led
to operation) in cases where the
patients thought they were only
suffering from Colic.

I intend if possible to make
Hernia a special subject of
future study

J. More Reid.

Edinburgh

April 2nd 1883.